• Before Q1: Address the specific psychosocial challenges that students with substance use issues may experience.
• Before Q2: Provide information and resources about substance use/abuse/addiction.
• Before Q3: Develop and maintain a risk reduction plan with students who struggle with their substance use
• Before Q4: Provide an environment in which students feel comfortable to disclose to me, their issues with substance use.

Note: percentages may not add up to 100% due to rounding
**DAY 1 AFTER TRAINING**

- After Q1: Address the specific psychosocial challenges that students with substance use issues may experience.
- After Q2: Provide information and resources about substance use/abuse/addiction.
- After Q3: Develop and maintain a risk reduction plan with students who struggle with their substance use.
- After Q4: Provide an environment in which students feel comfortable to disclose to me, their issues with substance use.

Note: percentages may not add up to 100% due to rounding.
RESULTS AFTER TRAINING

- After the training session there was a large increase in the percentage of people that agreed they were confident in dealing with each issue related to substance use.
  - Q1: Address the specific psychosocial challenges that students with substance use issues may experience. Pre-training 57% agreed, Post-training 88%.
  - Q2: Provide information and resources about substance use/abuse/addiction. Pre-training 13% agreed, Post-training 88%.
  - Q3: Develop and maintain a risk reduction plan with students who struggle with their substance use. Pre-training 27% agreed, Post-training 77%.
  - Q4: Provide an environment in which students feel comfortable to disclose to me, their issues with substance use. Pre-training 23% agreed, Post-training 79%.
DAY 1 PROGRAM/EDUCATIONAL CONTENT

1. Program Q1: Overall quality of program educational component?
2. Program Q2: Overall quality of program format and presenters?
3. Program Q3: How well did the program meet your overall educational needs?
4. Program Q4: How likely are you to apply changes to your work based on the knowledge, attitude or skills obtained in this program?

Note: percentages may not add up to 100% due to rounding
WHAT DID PEOPLE LEARN OR FIND HELPFUL?

- Harm Reduction 24%
- That the presenters did a good job or were knowledgeable 17%
- Triangle of Chaos/Drama Triangle 9%
- Impact of substances of the family 7%
- Substance effects on the brain 7%
- Resources/information to help with addition/substance use 7%
- Interaction with audience 5%
- Denial system 4%
- 20% Did not respond, 6% Other (different comment)
WHAT WAS MISSING AND HOW WOULD YOU IMPROVE THIS PROGRAM?

- More discussion and group interaction/exercises 10%
- More ways to apply information in the workplace 6%
- Sessions were too long 5%, more breaks 4%
- Greater focus on students and college life 4%
- Pamphlets or information sheet 3%
- More examples on harm reduction such as role playing 3%
- How to talk with people about addiction 2%, Creating or implementing strategies for harm reduction 2%, Identifying signs of addiction 2%
- No response 38%, Nothing 16%, Other 5%, Good job (looking forward to the next day) 4%
IN PART 2 OF THIS TRAINING, WHAT WOULD YOU LIKE TO SEE?

- Concrete training, strategies or practice to help/support the students with addiction 17%
- How to interact or talk with students about substance abuse and addiction (including how to help) 14%
- More examples/case studies стратегий (activities, interaction, role playing, videos, scenarios or conversations) 13%
- More interaction between participants 1%
- Reformed addict guest speakers 1%, real life stories 1%
- No response 62%, Nothing specific 1%, Other 7%
• Before Q1: I am aware of the Algonquin College Umbrella Project
• Before Q2: I understand what harm reduction is and how to use it.
• Before Q3: I feel comfortable providing information and resources about substance use/abuse/addiction to other students.
• Before Q4: I am aware that there are private, online questionnaires that can provide me/others with individual feedback of my use.

Note: percentages may not add up to 100% due to rounding
• After Q1: I am aware of the Algonquin College Umbrella Project
• After Q2: I understand what harm reduction is and how to use it.
• After Q3: I feel comfortable providing information and resources about substance use/abuse/addiction to other students.
• After Q4: I am aware that there are private, online questionnaires that can provide me/others with individual feedback of my use.

Note: percentages may not add up to 100% due to rounding
STUDENTS’ RESULTS AFTER TRAINING

• After the training session there was a large increase in the percentage of students that agreed with each of these statements.

• Before Q1: I am aware of the Algonquin College Umbrella Project. Pre-training 37% agreed, Post-training 96%.

• Before Q2: I understand what harm reduction is and how to use it. Pre-training 40% agreed, Post-training 98%.

• Before Q3: I feel comfortable providing information and resources about substance use/abuse/addiction to other students. Pre-training 40% agreed, Post-training 100%.

• Before Q4: I am aware that there are private, online questionnaires that can provide me/others with individual feedback of my use. Pre-training 40% agreed, Post-training 100%.
STUDENTS DAY 1 PROGRAM/EDUCATIONAL CONTENT

• Program Q1: What did you think about the educational portion of today’s training?
• Program Q2: What did you think about the format and presenters?
• Program Q3: How useful was this training?
• Program Q4: How likely are you to apply changes to your work based on the knowledge, attitude or skills obtained in this program?

Note: percentages may not add up to 100% due to rounding
WHAT DID STUDENTS LEARN OR FIND HELPFUL?

- Survey/questionnaire/quiz at the end 11%
- Resources/information to help with addiction/substance use 11%
- Harm reduction 9%
- That the presenters did a good job or were knowledgeable 8%
- Umbrella project (and college initiative) 6%
- Reducing stigma/being non-judgmental 6%
- Visuals 4%, Interaction with audience and discussions 4%
- Perception vs facts/reality of substance use 2%, Triangle of chaos/Drama Triangle 2%, Website and information provided during presentation 2%
- No response 38%, Other 2%
WHAT WAS MISSING AND HOW WOULD YOU IMPROVE THIS PROGRAM?

- Pamphlets of information sheet 6%
- How to talk with people about addiction 2%
- How to create/implement strategies for harm reduction 2%
- No response 62%, Other 9%, Nothing specific 9%
Both students and non-students found the seminar very helpful for learning how to deal with addiction.

Both are more confident in dealing with issues surrounding addiction afterwards.

Helpful/learned: Harm reduction, Resources/info to help with addiction/substance use, Umbrella Project, Interaction with audience, Substance effects on brain (plus mental and psychological issues).

Suggestions to improve: More discussion/group interaction, add more breaks, make sessions more interactive more exercises and examples, focus on how to create a strategy to deal with addiction and talk with people about it.