Moving Forward in College
Tips that can help you as you go through college.

- **A+ Get better grades on exams**
  Use study strategies and memory tricks to do better on your exams.

- **Calm your stress**
  Use strategies to deal with the everyday pressures of life.

- **Become a research wiz**
  Find relevant, trustworthy sources and cite them.

- **Write a great assignment**
  Plan, write, and revise your writing.

- **Present impressively**
  Feel confident as you deliver an engaging presentation.

- **Spice up projects**
  Make your work stand out with videos, infographics and more.

- **Become computer savvy**
  Get comfortable with tools like Word and Excel.

- **Be smart and safe online**
  Protect yourself, your devices and your reputation online.

Learn more at tlp-lpa.ca/where-do-i-begin/moving-forward